



CRONOMETRAJE CONCHIP

Clasificación General

Fecha 04/06/2016

Distancia 5000 Metros

5KM IV LA ESPÍRITU TRIABONA 2016



| Pos. | Dorsal | Nombre | Apellidos | CATEGORIA | Pos/Cat | CLUB | Tiempo | | |
|------|--------|-----------------|-----------------------|-------------|---------|----------------------|---------|--------|----------|
| | | | | | | | Oficial | Min/Km | Dif/Prim |
| 1 | 61 | VERÓNICA | REVERÓN MÉNDEZ | SENIOR F | 1 | TRIVALLE GUIMAR REST | 0:20:54 | 4,11 | 0:04:19 |
| 2 | 44 | RAQUEL MARGARI | MESA HERNÁNDEZ | SENIOR F | 2 | INDEPENDIENTE | 0:21:10 | 4,14 | 0:04:35 |
| 3 | 272 | BASMAT | MARTÍN AFONSO | F-35 | 1 | INDEPENDIENTE | 0:21:55 | 4,23 | 0:05:20 |
| 4 | 277 | ALMUDENA | BETANCOURT LINARES | F-35 | 2 | 4EMESTRAIL | 0:22:41 | 4,32 | 0:06:06 |
| 5 | 82 | ROSALIA | BIGICA | F-45 | 1 | INDEPENDIENTE | 0:22:55 | 4,35 | 0:06:20 |
| 6 | 206 | MARIA DEL PINO | MARRERO GARCIA | F-45 | 2 | INDEPENDIENTE | 0:23:37 | 4,43 | 0:07:02 |
| 7 | 15 | YASSIRA | CORDERO MEDINA | JUVENIL FEM | 1 | CANARYRUN | 0:23:43 | 4,45 | 0:07:08 |
| 8 | 148 | SOFIA | ADNANI SÁNCHEZ | F-35 | 3 | INDEPENDIENTE | 0:23:45 | 4,45 | 0:07:10 |
| 9 | 43 | LUCILA | MENDEZ GARCIA | F-40 | 1 | INDEPENDIENTE | 0:23:52 | 4,46 | 0:07:17 |
| 10 | 99 | SANDRA | GONZALEZ SABINA | F-40 | 2 | TRIABONA B | 0:23:57 | 4,47 | 0:07:22 |
| 11 | 225 | MONTSE | PÉREZ BLANCO | F-35 | 4 | INDEPENDIENTE | 0:24:21 | 4,52 | 0:07:46 |
| 12 | 256 | LOIDA | DEL DIEGO GONZÁLEZ | F-35 | 5 | OCEAN TRIATLÓN | 0:24:23 | 4,53 | 0:07:48 |
| 13 | 20 | MARIA ESTHER | FERRERA ALVAREZ | F-40 | 3 | INDEPENDIENTE | 0:24:49 | 4,58 | 0:08:14 |
| 14 | 50 | ADRIENN | MOZES | F-35 | 6 | RUNGARY | 0:24:57 | 4,59 | 0:08:22 |
| 15 | 76 | CHOREN | ... | F-35 | 7 | INDEPENDIENTE | 0:24:59 | 4,60 | 0:08:24 |
| 16 | 141 | RAQUEL | SANTOS RODRÍGUEZ | SENIOR F | 3 | INDEPENDIENTE | 0:25:19 | 5,04 | 0:08:44 |
| 17 | 239 | LEIDY JOHANA | RIVERA PAYAN | SENIOR F | 4 | INDEPENDIENTE | 0:25:30 | 5,06 | 0:08:55 |
| 18 | 273 | LUCIA | MÉNDEZ VEGA | SENIOR F | 5 | INDEPENDIENTE | 0:25:49 | 5,10 | 0:09:14 |
| 19 | 65 | ALMUDENA | ROSADO DÍAZ | SENIOR F | 6 | CD VALLIVANA B | 0:25:59 | 5,12 | 0:09:24 |
| 20 | 270 | MARISOL | LÓPEZ PERERA | SENIOR F | 7 | INDEPENDIENTE | 0:26:08 | 5,14 | 0:09:33 |
| 21 | 151 | PAULA | AMARAL GONZALEZ | SENIOR F | 8 | INDEPENDIENTE | 0:26:14 | 5,15 | 0:09:39 |
| 22 | 145 | LEÓNICA | TORRES MESA | F-45 | 3 | INDEPENDIENTE | 0:26:14 | 5,15 | 0:09:39 |
| 23 | 189 | DACIL IFAYA | GONZALEZ PIMIENTA | SENIOR F | 9 | INDEPENDIENTE | 0:26:17 | 5,15 | 0:09:42 |
| 24 | 137 | NEREA | RODRIGUEZ ABREU | JUVENIL FEM | 2 | LONGUERAS TRAIL | 0:26:20 | 5,16 | 0:09:45 |
| 25 | 147 | CARMEN | VIDAL DACOSTA | F-35 | 8 | BURBEERS | 0:26:24 | 5,17 | 0:09:49 |
| 26 | 19 | VERENA | ENSSLEN | PROMESA FEM | 1 | INDEPENDIENTE | 0:26:33 | 5,19 | 0:09:58 |
| 27 | 253 | MERCEDES | VAZQUEZ ARAUJO | F-45 | 4 | CANARYRUN | 0:26:33 | 5,19 | 0:09:58 |
| 28 | 266 | YANIRA | GONZALEZ SUAREZ | SENIOR F | 10 | INDEPENDIENTE | 0:26:39 | 5,20 | 0:10:04 |
| 29 | 108 | GEORGEA | HHERNANDEZ PARADA | F-35 | 9 | BURBEERS | 0:26:46 | 5,21 | 0:10:11 |
| 30 | 21 | CANDE | FLORES GARCÍA | SENIOR F | 11 | INDEPENDIENTE | 0:26:54 | 5,23 | 0:10:19 |
| 31 | 244 | MARIA JESUS | RODRÍGUEZ RAMOS | F-40 | 4 | INDEPENDIENTE | 0:27:14 | 5,27 | 0:10:39 |
| 32 | 106 | PILAR | HERNANDEZ RODRIGUEZ | F-50 | 1 | MODAS RUVI | 0:27:37 | 5,31 | 0:11:02 |
| 33 | 185 | CRISTINA | GONZÁLEZ FRÍAS | F-45 | 5 | TRITEIDE | 0:27:51 | 5,34 | 0:11:16 |
| 34 | 83 | CARLA | CABELLO PLASENCIA | SENIOR F | 12 | C.T. CANDETLON | 0:28:01 | 5,36 | 0:11:26 |
| 35 | 199 | EDITH JENNY | LIMAYLLA YPARRAGUIRRE | F-40 | 5 | INDEPENDIENTE | 0:28:12 | 5,38 | 0:11:37 |
| 36 | 118 | ANA MARIA | MARTEL EVORA | F-35 | 10 | INDEPENDIENTE | 0:28:25 | 5,41 | 0:11:50 |
| 37 | 275 | DAVINIA | MESA MORALES | SENIOR F | 13 | INDEPENDIENTE | 0:28:33 | 5,43 | 0:11:58 |
| 38 | 30 | CARMEN | GONZÁLEZ MORALES | SENIOR F | 14 | INDEPENDIENTE | 0:28:53 | 5,47 | 0:12:18 |
| 39 | 238 | CRISTINA | RIPOL SAMPOL | F-40 | 6 | INDEPENDIENTE | 0:28:56 | 5,47 | 0:12:21 |
| 40 | 179 | ANDREA | GIL DELAGADO | PROMESA FEM | 2 | INDEPENDIENTE | 0:28:59 | 5,48 | 0:12:24 |
| 41 | 184 | CAROLINA | GONZÁLEZ FLORES | SENIOR F | 15 | INDEPENDIENTE | 0:29:13 | 5,51 | 0:12:38 |
| 42 | 34 | LAURA | HERNÁNDEZ RAMOS | SENIOR F | 16 | INDEPENDIENTE | 0:29:13 | 5,51 | 0:12:38 |
| 43 | 105 | MARGARITA DEL R | HERNANDEZ RODRIGUEZ | F-45 | 6 | INDEPENDIENTE | 0:29:20 | 5,52 | 0:12:45 |
| 44 | 115 | VIRGINIA M | LÓPEZ REYES | SENIOR F | 17 | GYM | 0:29:41 | 5,56 | 0:13:06 |
| 45 | 144 | DELIA ISABEL | TOLEDO RODRIGUEZ | SENIOR F | 18 | INDEPENDIENTE | 0:30:03 | 6,01 | 0:13:28 |
| 46 | 138 | ESTEFANIA | BRAVO SERRANO | PROMESA FEM | 3 | INDEPENDIENTE | 0:30:06 | 6,01 | 0:13:31 |
| 47 | 191 | CELESTINA | HERNANDEZ MEDINA | F-45 | 7 | INDEPENDIENTE | 0:30:13 | 6,03 | 0:13:38 |
| 48 | 263 | MÓNICA | GARCÍA MARTÍN | SENIOR F | 19 | INDEPENDIENTE | 0:30:13 | 6,03 | 0:13:38 |

| Pos. | Dorsal | Nombre | Apellidos | CATEGORIA | Pos/Cat | CLUB | Tiempo | | |
|------|--------|------------------|--------------------|-------------|---------|---------------|---------|--------|----------|
| | | | | | | | Oficial | Min/Km | Dif/Prim |
| 49 | 156 | PATRICIA | CALDERON GONZALEZ | SENIOR F | 20 | INDEPENDIENTE | 0:30:21 | 6,04 | 0:13:46 |
| 50 | 212 | LOURDES | MENDEZ PIÑERO | F-40 | 7 | INDEPENDIENTE | 0:30:26 | 6,05 | 0:13:51 |
| 51 | 62 | ALEXIA | RIUS SOLE | F-45 | 8 | INDEPENDIENTE | 0:30:30 | 6,06 | 0:13:55 |
| 52 | 130 | LILIANA | PASCHINO ACOSTA | SENIOR F | 21 | INDEPENDIENTE | 0:30:44 | 6,09 | 0:14:09 |
| 53 | 205 | ALICIA | MARQUÉZ MARRERO | F-35 | 11 | IA RUNNIG | 0:30:47 | 6,09 | 0:14:12 |
| 54 | 149 | MARÍA | AFONSO MENESES | SENIOR F | 22 | INDEPENDIENTE | 0:30:53 | 6,11 | 0:14:18 |
| 55 | 140 | NATHALY | RODRÍGUEZ TOVAR | F-35 | 12 | INDEPENDIENTE | 0:30:55 | 6,11 | 0:14:20 |
| 56 | 278 | CYNTHIA | OVAL SALAZAR | SENIOR F | 23 | INDEPENDIENTE | 0:31:02 | 6,12 | 0:14:27 |
| 57 | 259 | CATERINA | EXPOSITO MARRERO | SENIOR F | 24 | INDEPENDIENTE | 0:31:15 | 6,15 | 0:14:40 |
| 58 | 293 | LORENA | SORIA HERNÁNDEZ | SENIOR F | 25 | INDEPENDIENTE | 0:31:17 | 6,15 | 0:14:42 |
| 59 | 299 | MELISA | CARBALLO LABRADOR | SENIOR F | 26 | INDEPENDIENTE | 0:31:44 | 6,21 | 0:15:09 |
| 60 | 58 | SONIA BELEN | PEREZ RODRIQUEZ | F-45 | 9 | INDEPENDIENTE | 0:31:46 | 6,21 | 0:15:11 |
| 61 | 208 | MARÍA ELENA | CABRERA SANFIEL | F-50 | 2 | INDEPENDIENTE | 0:31:47 | 6,21 | 0:15:12 |
| 62 | 67 | JENNY | SALAZAR RANCEL | SENIOR F | 27 | INDEPENDIENTE | 0:31:49 | 6,22 | 0:15:14 |
| 63 | 210 | YANETT | MARTIN HERNANDEZ | F-35 | 13 | BURBEERS | 0:31:50 | 6,22 | 0:15:15 |
| 64 | 128 | MARCELA | ORDENES VASQUEZ | F-40 | 8 | INDEPENDIENTE | 0:31:51 | 6,22 | 0:15:16 |
| 65 | 112 | YAIZA | JORGE BENESEY | F-35 | 14 | INDEPENDIENTE | 0:32:14 | 6,27 | 0:15:39 |
| 66 | 56 | PATRICIA | PERAZA NEGRIN | SENIOR F | 28 | INDEPENDIENTE | 0:32:22 | 6,28 | 0:15:47 |
| 67 | 261 | MARIA DEL CARME | GARCÍA CABRERA | F-40 | 9 | INDEPENDIENTE | 0:32:36 | 6,31 | 0:16:01 |
| 68 | 204 | PAOLA | MARQUEZ ALIENDE | F-35 | 15 | GOMERON TRAIL | 0:32:40 | 6,32 | 0:16:05 |
| 69 | 55 | MAIKE | OTTEN | PROMESA FEM | 4 | INDEPENDIENTE | 0:32:44 | 6,33 | 0:16:09 |
| 70 | 217 | MARIA CARMEN | MORALES VARGAS | F-55 | 1 | INDEPENDIENTE | 0:32:48 | 6,34 | 0:16:13 |
| 71 | 27 | RHONA | GÓMEZ TROCEL | F-40 | 10 | INDEPENDIENTE | 0:33:17 | 6,39 | 0:16:42 |
| 72 | 187 | NOEMÍ | GONZÁLEZ GONZÁLEZ | F-40 | 11 | INDEPENDIENTE | 0:33:19 | 6,40 | 0:16:44 |
| 73 | 291 | CARMEN | SÁCHEZ NODA | F-50 | 3 | INDEPENDIENTE | 0:33:24 | 6,41 | 0:16:49 |
| 74 | 164 | SIBISSE | DIAZ | F-35 | 16 | INDEPENDIENTE | 0:33:26 | 6,41 | 0:16:51 |
| 75 | 124 | MARÍA BEATRIZ | MORA DÍAZ | SENIOR F | 29 | INDEPENDIENTE | 0:33:56 | 6,47 | 0:17:21 |
| 76 | 254 | ROSARIO | VENTURA MARTIN | F-40 | 12 | INDEPENDIENTE | 0:34:18 | 6,52 | 0:17:43 |
| 77 | 233 | AMERICA DE LAS N | QUINTERO HERNANDEZ | F-35 | 17 | INDEPENDIENTE | 0:35:11 | 7,02 | 0:18:36 |
| 78 | 81 | IVANA | BIGICA | F-50 | 4 | INDEPENDIENTE | 0:36:22 | 7,16 | 0:19:47 |
| 79 | 258 | DÁCIL GARA | DÍAZ SANCHEZ | SENIOR F | 30 | INDEPENDIENTE | 0:37:12 | 7,26 | 0:20:37 |
| 80 | 242 | MARTA BENET | RODRIGUEZ MESA | SENIOR F | 31 | INDEPENDIENTE | 0:38:15 | 7,39 | 0:21:40 |
| 81 | 117 | RAQUEL | MAMELY GARABOTE | F-35 | 18 | INDEPENDIENTE | 0:38:28 | 7,42 | 0:21:53 |
| 82 | 276 | YANET | NAVARRO GARCIA | F-35 | 19 | INDEPENDIENTE | 0:41:37 | 8,19 | 0:25:02 |
| 83 | 28 | MELINA | GONZÁLEZ | SENIOR F | 32 | INDEPENDIENTE | 0:43:18 | 8,40 | 0:26:43 |
| 84 | 153 | NATALIA | BARROSO MONTAÑEZ | SENIOR F | 33 | INDEPENDIENTE | 0:44:56 | 8,59 | 0:28:21 |